

FHL CLUB – INDOOR Winter Season (U14, U16 and U19)

December 4th – March 11th

Charlottesville, VA

KEY INFORMATION

Date: December 4th – March 11th.
Site: All Practices will take place at Saint Anne's Belfield Upper School Student Activity Center (SAC)
Cost: \$ 450 (U16 and U19) & \$370 (U14)
Schedule:
<http://www.my.calendars.net/fhlclub/>
Registration dead line: December 1st
 **Players that register late will not be guaranteed a spot so register early!
Application Form: Complete 1 form per athlete and send with your check and registration form to: *Keli Smith Puzo @ 447 Emerald Woods Drive, Oxford, OH 45056*
Fee: Make checks payable to *Field Hockey Life*
Contact: kelizsmith13@gmail.com

Who is Eligible?

Athletes between 12-19 to years of age! You must be **under 19 years old** as of January 1, 2012 for the U19 division, **under 16 years old** as of January 1, 2012 for the U16 division and **under 14 years** as of January 1, 2012.

Investment

The Winter tuition of \$450 (U16 and U19) and \$370 (U14) covers all practices and competition games. If you are new to the club, you will need to purchase a club uniform in order to participate in tournaments.

ABOUT FHL CLUB

The mission of FHL CLUB is to provide high quality training opportunities and develop individual confidence, all while providing athletes more reasons to love the game of field hockey and make it a part of their life! We would like to build a resource of opportunities for ALL players in the Albemarle County and surrounding areas.

FHL CLUB offers a coaching staff with an immense amount of coaching and playing experience and our goal is to help players follow their dreams, whether it is to play for leisure, make the national Futures tournament, play in college, or become an Olympian.



----- Submit bottom portion with payment and send to **447 Emerald Woods Drive, Oxford, Ohio 45056** -----

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Name				Date of Birth		
Address						
City	State		Zip Code			
Home Phone	()	Cell Phone	()	
Email Address						
Parent/Guardian	Parent/Guardian Phone			()	
School Name	Position (circle one)		Field Player	GK		
Field Hockey Level (circle one)	U14	U16	U19			
Uniform needed	YES	NO	I have a FHL uniform w/ jersey #?		#	_____

CLUB DIRECTOR

Keli Smith Puzo graduated from Selinsgrove High and is a ten-year veteran on the US National Team and 2008 Olympian. While raised in a small town in Pennsylvania, Smith Puzo was a standout athlete who always understood the importance of family and community involvement. She left her small town to attend the University of Maryland. She was a national champion and All-American at Maryland. After graduating, she joined the National Team full-time and has traveled the world competing for her country. Keli lived for field hockey but always knew the value of a balanced life. She took time away from the team to work for a corporation in Washington, DC and dipped her nose in NCAA coaching. She has coached at Georgetown University and volunteered at the University of Virginia and American University.



Always dreaming of being an Olympian, Keli returned to the team to make that a reality. After finishing the Olympic Games in Beijing, Keli moved to Barcelona, Spain and played professionally with the club Real Club de Polo. She travels frequently to the west coast and abroad to train and compete with the National Team. Smith Puzo has played 150 international games for the United States, making her one of the most recognized field hockey players in our country's history.

CLUB STAFF

Lynne Shenk: FHL's Head Coach for the U16 and U19 group. 2-Time National Champion at Wake Forest during 2001 and 2002. Lynn was a starter and key player in all the games during her time with Wake Forest. Since graduation, Shenk has coached for a variety of well-recognized clubs and camps.

Tina Edmonds: Tina is a new face to FHL, but lucky for us, she recently decided to lay roots in Charlottesville. Edmonds was a superstar at Maryland, winning two National Championships and leading the team as their captain during her senior year.

Kim Kastuk Arguably the best goalkeeper in NCAA during the 2010 season. Kim helped lead UVA to two Final Four appearances. Kim is currently coaching at UVA and playing on the USA development National Squad. Kim is from Putnam Valley, NY.

Tina Kurkaldy: Tina's resume reads something like this: Star goalkeeper at Michigan State from 2002-2006 and GK on the woman's national team in 2006. Since her stint on the National Team, Tina has been a volunteer coach at UVA and co-director of the UVA summer camp for many years.

Lindsay Clark: The new up-and-coming coach at Charlottesville High School. In her first season, she has already made huge strides with the field hockey program there. Lindsay also ran the club C'ville C'lect for many years and played on the UVA club field hockey teams for many years.

Do not miss this opportunity... Register NOW

FH Life CLUB- Field Hockey Life Club aims to provide year-round playing opportunities for area athletes. Our objective is to build a proper foundation for players and provide opportunities to continue their career after high school graduation. For interested athletes, we will help guide them through the college recruiting process and ensure they are equipped with the right information to help them continue their hockey careers. Weekly club practices will be held at STAB's Upper School Student Activity Center on Sunday's from 10am – 11:45 for U14 and U16 and Sunday's from 11:15am -1pm for U19 **starting December 4th, 2011**. The club will organize games and register for tournaments and showcases for it's members. For more information, please visit our online calendar at <http://www.my.calendars.net/fhlclub/> or email our staff at info@fieldhoceylife.net